

Radiogram No. 5867u

Form 24 for 06.03.03

IMS Update • PROFILAKTIKA Biomedical Test

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40–07:30		BREAKFAST
07:30–07:45		Prep for work
07:45–08:00		Daily planning conference (<i>S-band</i>)
08:00–08:15	CDR	Prep for work
08:05–09:20	FE-1	Repeat potable water sample collection from CPB-K2M and CBO-3B
08:15–09:15	CDR	Life onboard the ISS: videotaping select scenes
09:20–09:25	FE-1	EMU battery discharge (term)
09:25–10:25		Physical exercise (CEVIS)
09:35–11:20	CDR	PROFILAKTIKA: veloergometer test. Tagup w/ ground specialist (<i>VHF+S-band</i>)
10:25–10:50	FE-1 (assist)	
10:50–11:20	FE-1	Monthly maintenance of CEVIS
11:20–12:20		SSRMS DOUG review
12:20–13:20		LUNCH
13:20–13:35	CDR	Private medical conference (<i>S-band</i>)
13:20–14:25	FE-1	WMK: in-flight processing of water sample
13:40–14:10	CDR	TV downlink: ISS crew at work and at rest ($T_0=13:45$, T_1, T_2, T_3 will be initiated by the CПП Automated Daily Timeline)
14:10–14:50		Maintenance of COX
14:25–15:25	FE-1	EMU troubleshooting
15:15–15:25	CDR	Switching CTTC comm system to the primary string
15:25–15:45	FE-1	Emer1 & Emer2 changes
15:35–17:35	CDR	IMS stowage locations update. Search for lost items
15:55–16:25	FE-1	Transfer of IWIS data to HD card
16:25–16:30		A/L air duct config
16:30–16:45		Private medical conference (<i>S-band</i>)
16:45–18:15		Physical exercise (RED)
17:35–18:15	CDR	IMS file prep
18:15–18:45		Daily plan review
18:45–19:00		Prep for work
19:00–19:15		Daily planning conference (<i>S-band</i>)
19:15–19:30		Prep for work
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

NOTE: See OSTP for references to US procedures

End of radiogram